

Things to Think About

There are pros and cons with each dialysis option. Each person is different and they need to work with their family and healthcare team to decide which will work best for them. For many, dialysis at home is more flexible than at a center, but there are also more responsibilities.

This chart compares each of the choices:

	In Center	Home	
	Conventional or Nocturnal	Conventional, Short Daily, or Nocturnal*	CAPD/CCPD (peritoneal dialysis)
Portable	No	Depends on machine	Yes
Travel possible	With advance planning	With portable machine	Yes
Needles used	Yes	Yes	No
Training time	None	4-6 weeks (depending on system)	1-2 weeks
Amount of storage space	Not applicable	Depends on machine from 10 to 80 boxes	Monthly supply shipments of 30-60 boxes
Bathing or swimming allowed	Yes, per doctor	Yes, per doctor	No or limited

Changes to home wiring or plumbing	Not applicable	Depends on machine	No
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*There are currently no systems specifically indicated for nocturnal hemodialysis.

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